

Distract

Approach the victim with a reason for them to leave the situation – tell them they need to take a call, or you need to speak to them; any excuse to get them away to safety.

Direct action

Call out negative behaviour, tell the person to stop or ask the victim if they are OK. Do this as a group if you can.

Delay

Wait for the situation to pass then ask the victim if they are OK. Or report it later when it's safe to do so – it's never too late to act.

Delegate

Tell someone with the authority to deal with the situation, or call for help.



Step up
Step in
Be safe